

Help Share NVC Event Coordination Toolkit:

Workshop Sliding Scale Primer

Many NVC trainers and organizations choose to offer a sliding scale range for their workshop fees, typically to help ensure that all participants pay only what they enjoy. Since many people are not familiar with the sliding scale option, this document provides sample explanation and requests for consideration when choosing the amount to contribute. Use it as is, or adapt it to meet your specific workshop needs.

How Much Do I Contribute?

We are aware that "money" is a charged issue for many people. In fact, "money" is generally referred to as a need-in-itself.

In our understanding of NVC, money can be used as a strategy to meet needs — such as a need for acknowledgement, freedom, acceptance, security, peace of mind, etc. We think of NVC workshop registration as an opportunity to learn more about our relationship to money. We do this by creating sliding-scale options that provide people with a choice of how much to contribute, and by inviting each person to consider the variety of needs involved in determining the amount they are willing to contribute to a workshop.

NEEDS OF WORKSHOP ORGANIZERS

All of the organizers of this workshop are volunteers. In coordinating trainings, we aim to meet a variety of our needs, including contribution to compassion and peace in our world, connection with others and growth of communication skills. We chose the sliding scale registration fees for each workshop based on our needs for:

- Financial support for the event-related expenses
- Reciprocity for the ongoing costs of coordinating information, workshops and practice groups
- Security and hope for the continued growth of NVC in our region through ongoing outreach and promotion
- Support to the livelihood of the trainers who devote themselves to sharing NVC
- Inclusion and support by making NVC available to all people regardless of their financial means (via sliding scale fees and scholarship awards)

NEEDS OF TRAINERS

The trainers teaching this workshop are committed to teaching NVC because it meets their needs for contribution, inspiration, connection, and peace. They've chosen training as an occupation and like most of us, enjoy reciprocity for their time, skills, and talents in teaching the course. In addition, your registration fee supports their travel expenses, workshop preparation time, and continued education in the NVC process.

WORKSHOP PARTICIPANT NEEDS

Please consider your own needs, apart from attending this workshop, such as basic survival needs, security, comfort, contribution, mutuality, hope, and more. Also consider the needs of yours that will be met by attending the workshop, such as learning, community, contribution, creativity, healing, and more. In considering your needs, please only contribute as much registration fee as you would enjoy.

SCHOLARSHIPS

More information about alternatives to contributing within the sliding scale is available on the Scholarship Form.